

TO: Nurse Aide Training Programs
FROM: Test Development
REFERENCE: Clinical Skills Timing Study



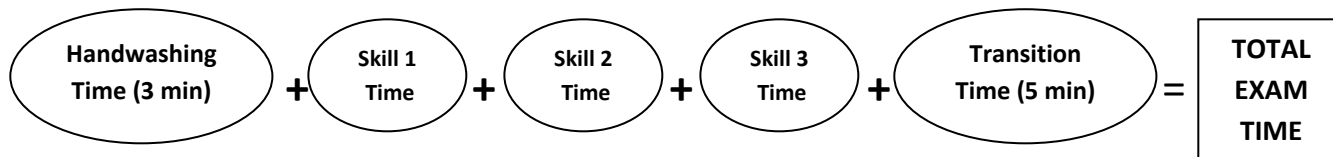
Prometric completed a Timing Study in July 2011, analyzing data provided by both nurse aide instructors who timed their students performing skills and by nurse aide evaluators (NAEs) administering actual testing. The purpose of the study was to establish timing for the updated Clinical Skills Test forms that is based on the specific combination of skills. To promote both standardization and fairness, test times are calculated based on the specific skills in each test to ensure consideration for some skills taking more time to perform than other skills.

The chart below provides information on the timeframes established for each skill based on the data analysis. These timeframes are used to ensure a reasonable amount of time for the majority of candidates to complete any skill; these are not based on an expectation of speediness or a high degree of efficiency.

Timeframes:	Shorter Time 4-5 min	Moderate Time 8-11 min	Longer Time 12-15 min	Longest Time 17-19 min
Shorter Time Longer time	ROM hip, knee, ankle	Change position	Mouth care-brush teeth	Perineal care
	ROM elbow, wrist	Feeding	Foot care	Partial bed bath
	ROM shoulder	Measure urine	Mouth care-denture	
	Ambulation	Bedpan	Dressing	
	Pulse	Transfer	Change occupied bed	
	Respirations	Hand and nail care	Catheter care	

How is exam time established for the Clinical Skills Test?

- The time each candidate has for the Clinical Skills Test varies depending on the specific skills on the test assigned to the candidate; the times range from 31 to 40 minutes.
- All test times include 3 minutes allocated for handwashing, which candidates are expected to actually perform at the beginning of the first skill; the handwashing skill is rated at that time.
- All test times include 5 minutes allocated for candidates to transition between skills and to review their Skills Instruction Card during the test.
- Each individual skill is **not** timed; all 3 skills plus handwashing must be completed in the allotted time.
- The majority of candidates will complete testing before time expires.
- The nurse aide evaluator (NAE) administering the Clinical Skills Test will first advise candidates of how much time is allocated for their test when the Clinical Skills Instruction Card with the list of skills is provided and read to the candidate.
- When candidates are ready to begin the test, the NAE will remind the candidate of the amount of time and set a timer. The test begins at that time.
- The timing of the test ends either when the candidate says, "I'm done" at the end of the third skill **or** when time expires (whichever comes first).



Example:

Handwashing	+	Skill 1	+	Skill 2	+	Skill 3	+	Skill 4	=	38 mins
3 min		ROM hip, knee, ankle		Feeding		Perineal care		Transition Time		
		4 min		9 min		17 min		5 min		